

SPICY POT ROAST

(Rival Crockpot Cookbook)

3 lb. roast

¼ tsp. pepper

2 cloves minced garlic

3 Tbsp. balsamic vinegar

¼ c. soy sauce

2 Tbsp. Worcestershire sauce

2 tsp. dry mustard

Rub pepper and garlic into roast. Place roast into crockpot. Make several shallow slits in top of roast. Combine remaining ingredients and pour over meat. Cover; cook on low 8-10 hours or on high 4-5 hours.

NOTE: Sometimes I add a few peeled carrots in with the roast.

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